



## TRAIL INFORMATION

Elevation 50-65 metres (165-215 feet)   Time 2 - 2.5 hours	General	The trail follows the shoreline of a small man-made lake before connecting with the Coastal Trail. The trail name comes from a neighbouring cove, where fishermen used to jig for cod.	Length	4.9 km (3 mi) return
Time 2 - 2.5 hours			Elevation	50-65 metres (165-215 feet)
			Time	2 - 2.5 hours



