

Hiking in Newfoundland August 2022

Team DENT
on the Rock



McBreakfast with Joyce





Day 1, Hike 1

George Cove Mountain Trail

The Stair Master

440 stairs up, 440 stairs down

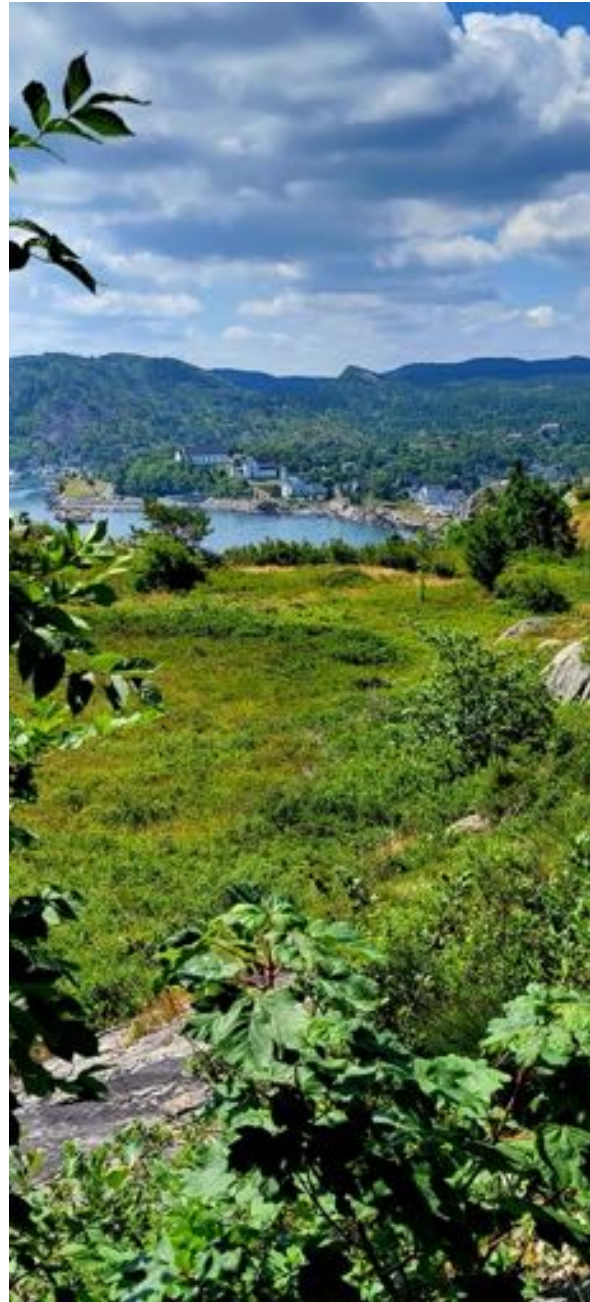


It was worth it!





440 steps down



Brigus...

Home of
Rock Solid Builds





Hike 2

Brigus Lighthouse

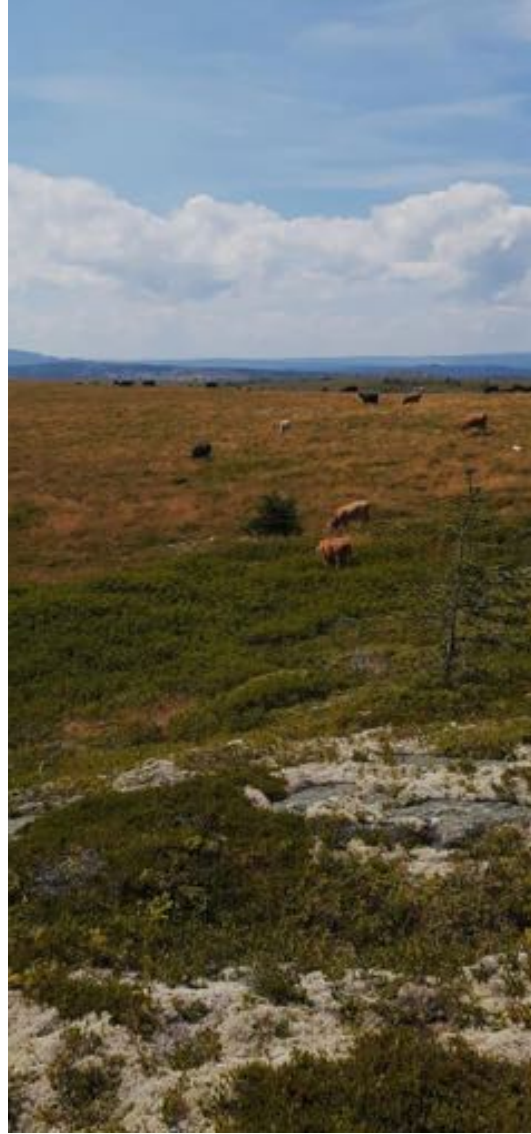
7.4 k return... and hot!

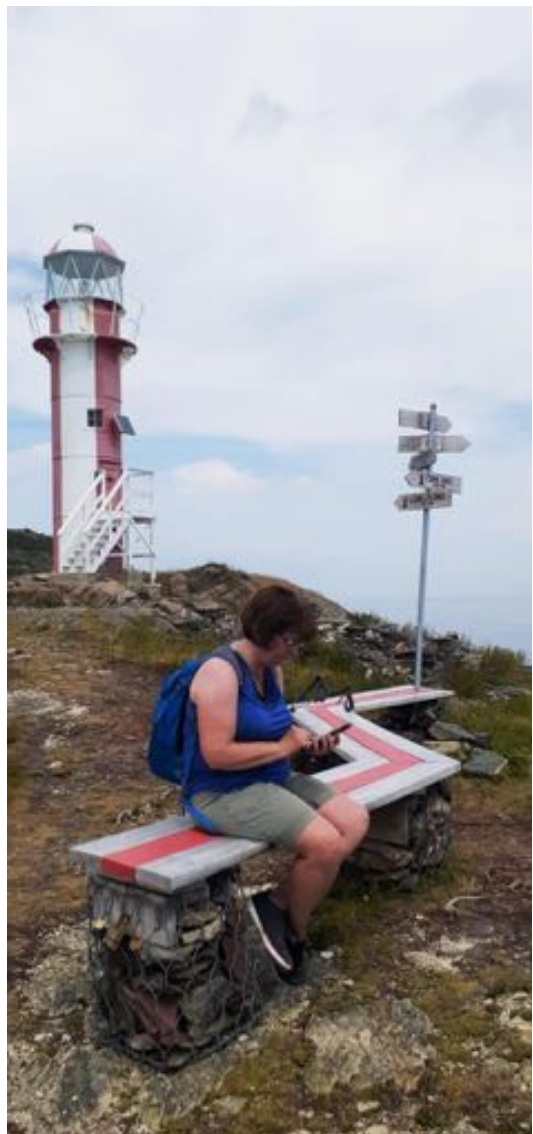
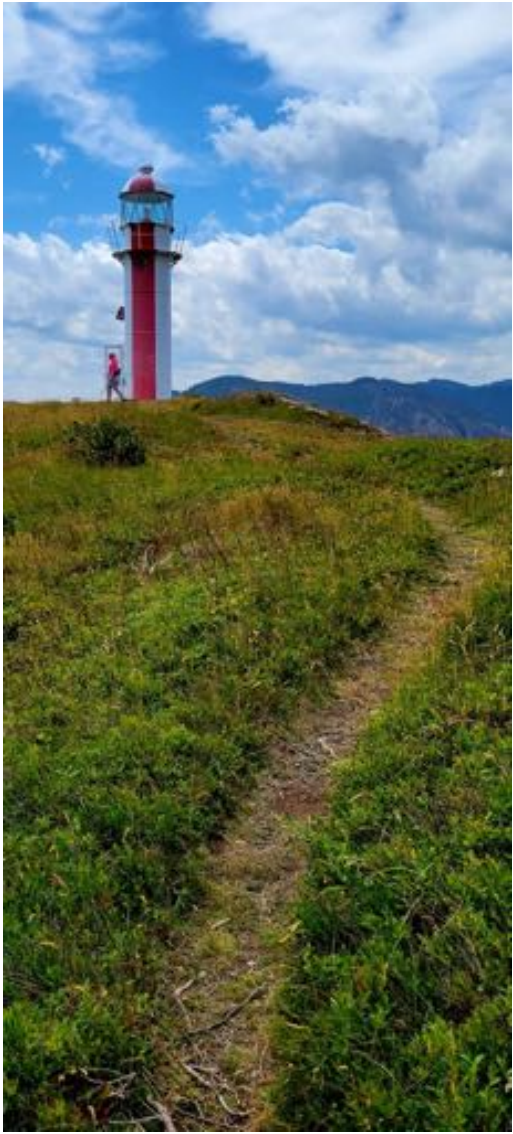






More from Brigus...







Day 2, Hike 1

Northern Point Trail in Hearts Delight

Featured on CBC's Land and Sea







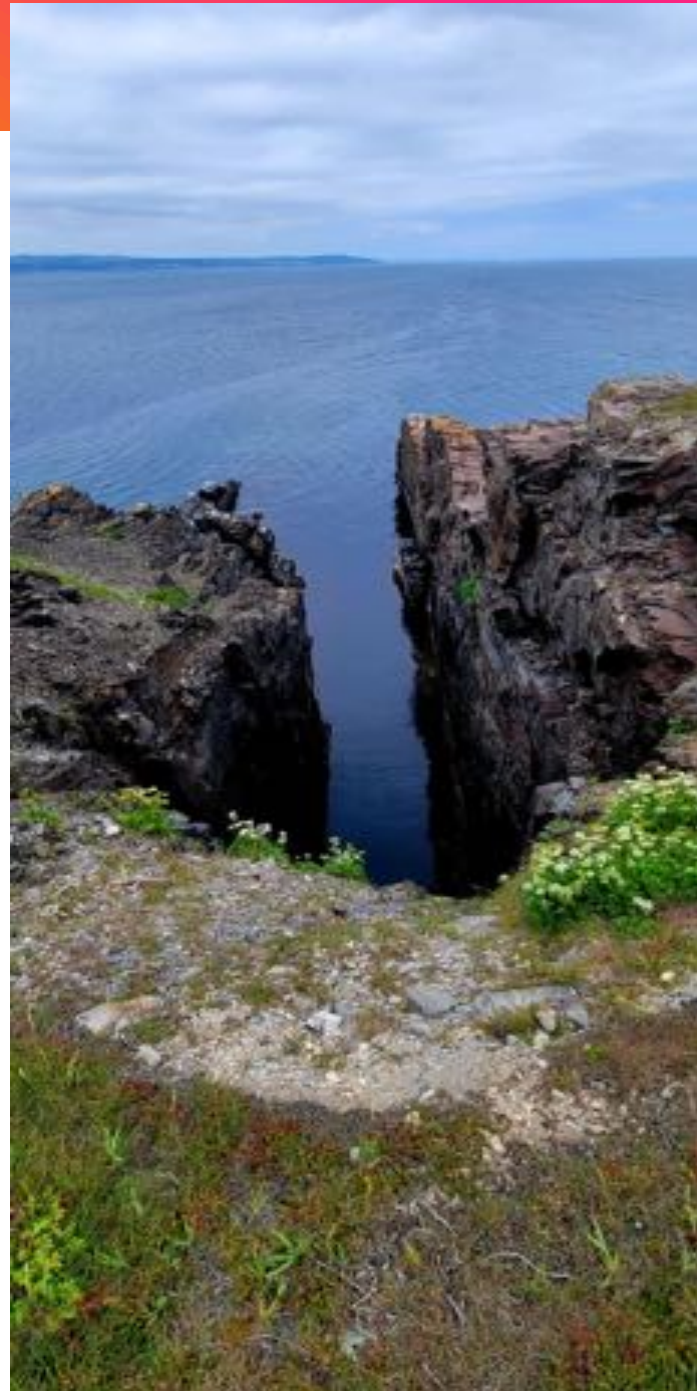


Day 2, Hike 2

Western Bay

Painted Boardwalk





Day 3

St Mary's Ecological Reserve







Day 4
St John's





Day 5
Cape Spear





Day 5
Petty Harbour



Day 5

LaManche Suspension Bridge

Part of the East Coast Trail





Day 5

Brigus South (No where near Brigus)





Day 6

Conception Bay South

Conception Bay Trailway

Come, Join us for an Adventure...

We have trails to tell
The Garden occupies 44.5 hectares (110 acres) which comprise 4 hectares (10 acres) of planned gardens and 40.5 hectares (100 acres) of natural habitat which includes the 5.7 hectare (14 acre) Oxen Pond, all accessible from the following trails.

The main trail
The first 0.6 km of trail is the old abandoned "Oxen Pond Lane" that served three houses near trails 2 & 3. The houses are gone now but a rose bush (*Rosa rugosa*) indicates the site of an abandoned garden.
Round trip from this point 2.4 km



Trail #1 – Yetman trail
Paths and boardwalks take you on an undulating wetland to see orchids, pitcher plants and grasses.
Round trip from this point 1.2 km

Trail #2 – O'Brien trail
This trail passes through the site of a sewerage treatment plant. Regeneration is now well established with a variety of woodland plants.
Round trip from this point 1.8 km

Trail #3 – O'Brien trail
Trail #3 leads you to the rocky outcrop, with a spectacular view of Oxen Pond! The trail passes through barrens, filled with pink lady's-slipper orchids, mixed forest down to a fern gully.
Round trip from this point 1.9 km

Trail #4 – Owens trail
A relatively level walk through mature forest with minimal windstorm damage and the abundance of a variety of woodland plants.
Round trip from this point 1.8 km

Trail #5 – McLeod trail
This is a fairly level trail through the forest surrounding Oxen Pond. Stumps and fallen trees are visible from Hurricane Igor on September 2, 2004.
Round trip from this point 0.4 km

MUN Botanical Garden grate





Happy Trails

